

IDEAS FOR PROGRAMMES

DAY 1 - HISTORIC HERITAGE IN THE HEART OF LYON

MORNING: FOURVIÈRE AND VIEUX-LYON - UNESCO



GUIDED TOUR FROM FOURVIÈRE TO VIEUX-LYON

2- to 3-hour guided tour on foot

Starting at Fourvière Esplanade, this tour will take you back through 2,000 years of history in Lyon. Visit the Roman theatres, and relive the foundation of Lugdunum in 43 BC. Cross the threshold of the Basilica of Notre Dame de Fourvière, an iconic monument in the city, and walk through the Rosary Gardens to the narrow Renaissance alleyways in Vieux-Lyon, where you'll get to see Saint Jean Cathedral and the district's famous traboules (passageways).

LUNCH in one of Lyon's certified Bouchons (traditional Lyon restaurants)

AFTERNOON: THE PRESQU'ILE - UNESCO



A STROLL IN THE PRESQU'ILE

Self-guided walk around the main squares and monuments in the city centre. From Place Bellecour, discover the Célestins Theatre, the Jacobins Fountain, Saint Nizier church and the monuments lining Place des Terreaux. The main trading arteries are ideal for a spot of shopping.

VISIT THE MUSÉE DES BEAUX-ARTS (Museum of Fine Arts)

The Musée des Beaux-Arts in Lyon is sometimes referred to as "Le Petit Louvre" and is one of the most prestigious museums in France for the great variety of its collections, taking you from Antiquity to the 20th century. In a 17th century former convent, you'll get to see sculptures and works of art, and admire the works of the great masters, from Poussin to Picasso and from Rubens to Gauguin.

You want to see more?

Head for the left bank of the Rhône to discover the Musée Lumière (Museum devoted to the early days of the cinema)

DINNER in one of Lyon's leading restaurants

DAY 2 - GOURMET FOOD AND THE HISTORY OF SILK

MORNING: LES HALLES PAUL BOCUSE



Make the most of the morning's activity to discover the temple of gastronomy: cheeses, cold meats, wines, sweets and desserts will take you to the heart of Lyon's culinary tradition. Fifty carefully selected producers, all contributing to Lyon's reputation as the "World Capital of Gastronomy"! A session tasting specialities from Lyon can be organised in Les Halles named after the great Paul Bocuse.

LUNCH on site

AFTERNOON: THE CROIX-ROUSSE DISTRICT - **UNESCO**



GUIDED TOUR OF THE TRABOULES IN THE CROIX-ROUSSE DISTRICT

2-hour guided tour on foot

Walk in the footsteps of Lyon's former silk workers (known as the Canuts) and scour the traboules in the Croix-Rousse district as you discover the history of silk in Lyon. From the district's urban development during the 19th century to the invention of the Jacquard weaving loom, relive the times when 30,000 weavers were to be heard working on their weaving looms throughout the city, and admire their unique know-how.

DESIGNER SHOPPING

In the heart of the Croix-Rousse district, discover the Village des Créateurs (Designers' Village) in Passage Thiaffait, where Lyon's young designers are busy maintaining the city's creativity and textile tradition. This hub of innovation on the lower slopes of the Croix-Rousse district offers visitors a unique and trendy shopping experience.

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You want to see more?

Visit the Maison des Canuts, find out a magnificent Jacquard loom and numerous instruments and accessories used in silk making in addition to documents on the history of the silk workers.

DINNER in a bistronomic restaurant or at a young Lyon chef's restaurant

DAY 3 - PARKS AND MODERN LIFE

MORNING: TÊTE D'OR PARK AND THE CITE INTERNATIONALE



Tête d'Or Park, created in 1857, is the heart and soul of Lyon. With its botanical garden, huge greenhouses, lake, zoo and rose garden, it is the ideal place for the locals to enjoy a Sunday walk. The contemporary district of Cité Internationale, located between the park and the Rhône, was created by the architect Renzo Piano between 1992 and 2006.

LUNCH in a traditional brasserie

AFTERNOON: THE CONFLUENCE DISTRICT



GUIDED TOUR OF THE CONFLUENCE DISTRICT

2-hour guided tour on foot

Discover the history of this former industrial district, which has since been turned into an eco-district and a district where ideas about the cities of the future are tried out. Walk along the banks of the Saône and admire the old and now renovated buildings in Port Rambaud built by some of the greatest international architects (Jean Nouvel, Herzog and de Meuron, and Christian de Portzamparc, etc.). You're sure to be surprised by the shapes, materials and colours of these contemporary buildings.

SELF-GUIDED TOUR OF THE MUSEE DES CONFLUENCES (Museum of Mankind and Life)
Built by the Austrian agency Coop Himmelb(l)au, and inaugurated in 2014, the four permanent exhibition halls in the Musée des Confluences will take you on a voyage through the history of Mankind. In this futuristic building, travel back to the time of the dinosaurs, learn all about the different species, and go to the heart of human inventions and beliefs.

You want to see more?

Discover the banks of the Saône and the banks of the Rhône

Lyon is a city characterised by its two rivers, which is why the city has now chosen to make the banks of the Saône and the banks of the Rhône accessible to the public. Take a walk or ride a bike along the safe and specially adapted riverside routes to see the city and its monuments from a different perspective.

DINNER-CRUISE with Les Bateaux Lyonnais